

# Brigid's Hope

This 12-month program provides transitional housing, comprehensive case management and therapeutic services for women ages 35 and older who are experiencing or at risk of homelessness, were previously incarcerated and have 90 days of verified sobriety.

Goal: reduce the number of women returning to the criminal justice system.

**Each program participant is paired with a volunteer mentor.** Mentors are wise, trusting, influential women who share their strengths and have:

- a positive relationship with their mentee
- mutual trust and respect
- regular interaction and consistent support

Mentors also assist in life-management skills, goal setting, conflict resolution and money management.

Mentor orientation and training sessions are available.

## Ways to get involved:

- Become a mentor
- Teach classes, conduct workshops
- Arrange movie nights, other social outings
- Provide computer support
- Help to plan events

## Make Contact:

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The Beacon